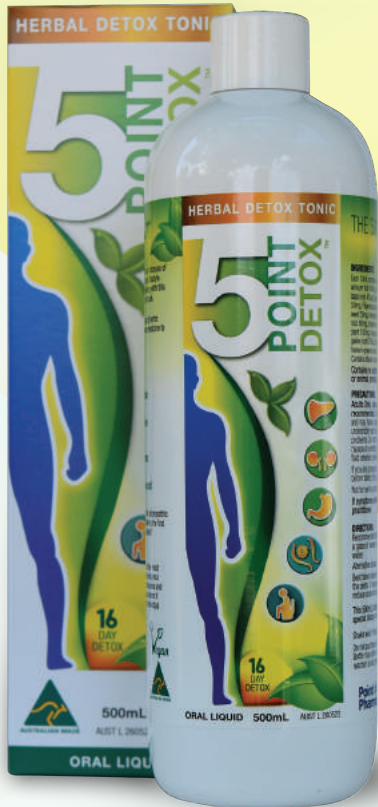


HERBAL DETOX TONIC

AUSTRALIAN MADE | VEGAN | 16-DAY DETOX

5POINT™ DETOX



WHAT IS 5POINTDETOX?

5PointDetox is a unique liquid herbal detox tonic used to **repair and revitalise** liver, kidney and digestive function. It assists with constipation and natural parasite removal.

5PointDetox works rapidly and is easy to take. The **all-in-one formula** means there are no extra pills or powders to worry about. Another benefit of **5PointDetox** is that the powerful herbal formula will deliver great results **without dietary changes**.

5PointDetox makes any time the ideal Time to Detox.

WHY LIQUID NOT TABLETS

We believe liquid herbal extracts are the most effective way to take medicinal herbs. Tablets include filler and binders and first need to be broken down before being absorbed by the digestive system. Tablets offer no guarantee of full absorption, especially if digestion is impaired.

A liquid also enables you to control the dose - you can easily adjust the dose to your body's individual requirements and lifestyle. For example, you may divide the dose into smaller more regular doses over the day if preferred (eg: take 10mL three times a day instead of 15mL twice a day).

As everyone is different, you can tweak the dosage up or down until you get the results that are right for you. (Refer to FAQs overleaf for more details.)

Always read the label. Use only as directed. Please read precautions on the label. If symptoms persist consult your healthcare professional.

HOW DOES IT WORK?

The 16 herbs in **5PointDetox** have a long history of traditional use in both Western and Eastern medicine. The herbal formula has been developed to target five areas - **The Five Points**.



LIVER SUPPORT

Hepatic herbs Burdock, Dandelion & Juniper



FLUID RETENTION

Diuretic herbs Burdock, Dandelion, Horsetail, Juniper, Licorice, Meadowsweet & Rose Hip



DIGESTIVE DISORDERS

Digestive & expectorant herbs Alfalfa, Cayenne, Dandelion, Fennel, Fenugreek, Juniper, Meadowsweet, Kelp, Valerian & Wormwood



PARASITES & WORMS

Anti-parasitic herbs Cloves, Wormwood & Licorice



CONSTIPATION

Purgative herbs Senna & Licorice

TIME TO DETOX?™

EASY TO TAKE

Recommended adult dosage is just 15mL x 2 times a day (morning and evening) in a glass of water or juice followed by a second glass of water. It is best taken before meals. Make sure you drink plenty of water while on the detox. If excessive detoxification symptoms occur, reduce dose or frequency. Refer to FAQs for more details.

For first time use or for intestinal parasites, we recommend an initial course of 32 days (two bottles) for best results.

ABOUT US

Point Pharma Australia is an Australian owned company that develops and markets Australian made complementary medicines, healthcare products, and functional foods.

The formulation used in **5PointDetox** has been used by Australian Healthcare Practitioners for over **25 years**. It is TGA (Therapeutic Goods Administration) registered and manufactured under world's best GMP (Good Manufacturing Practice) standards in Australia. All herbal ingredients are extensively tested using HPLC (High-Performance Liquid Chromatography) to ensure the correct plant subspecies are used and that no contaminant materials are present.

Our formulations are constantly refined and improved according to the latest research and consumer feedback to ensure the continued efficacy of our products.

For product information and enquiries please contact:

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FAQ - FOR MORE INFORMATION WWW.5POINTDETOX.COM.AU

Will I lose weight?

While **5PointDetox** is not sold as a weight management tonic, most people find they may lose 1 to 4 kgs (2 to 8 lbs) during the course as excess waste and fluids are eliminated.

Are there any dietary restrictions?

Generally no. If you believe that you may suffer from candida then avoid all dairy products and reduce sugar intake for the first week. Of course, it will help if you follow a healthy diet with plenty of water, fresh fruit, and vegetables during the course.

Why is it necessary to ensure I am drinking plenty of water during the day?

This ensures that the waste passing through the digestive tract remains fluid and is easily eliminated. We recommend drinking at least 2L per day.

What will I expect as I take 5PointDetox?

A typical person will experience detox effects within 24-48 hours. The initial flushing of bulk waste will last 3-4 days. You will probably experience an additional bowel movement one or two times per day over this period. This is necessary to ensure the elimination of waste and parasites occurs quickly. It is also an indication that the herbs are working effectively. Over the remaining 11-12 days, bowel movements will return to normal or an extra one time per day.

Will I experience cramping or diarrhoea?

No, you should not. If you do, then reduce the dose amount or the dose frequency.

I have completed the 5PointDetox. How long before I can do another detox?

Most people find that they benefit from a full course of **5PointDetox** every 4-6 months. Sometimes, a short course over a few days may help restore internal health.

I have taken 5PointDetox before but this bottle tastes different, why?

5PointDetox contains naturally grown herbs. Over time, seasonal and environmental variations may occur which alter the taste. We scientifically test every batch of herbs to ensure that **5PointDetox** is always effective.

How long can I take 5PointDetox?

Most people will experience significant benefits after a 16-day course. If it is their first detox or they are at risk of having a parasite infestation (eg. from overseas travel) a course of 32 days (two bottles) is recommended. A 32-day course will overlap the breeding cycle of parasitic worms. If any parasite eggs remain they will be killed upon hatching and thus stop the breeding cycle. The extra 16 days will also give the liver more time to repair and eliminate stored toxins.

We do not recommend extending the course beyond 32 days as this may lead to dependence.

I started taking the 5PointDetox and now I am feeling tired and sluggish. What is happening?

These symptoms are typical of a healing crisis. This happens when toxins are released from storage (in the liver and fatty tissues) as part of the elimination cycle. This is actually a good sign that your body is healing itself but unfortunately, the symptoms are not pleasant. Typically this will improve after the first week. Please ensure that you are drinking plenty of water (2L+ per day) as this will assist in the elimination.

To help get through the healing crisis try the following steps:

1. Reduce the dose to 1 x 10ml per day
2. If the symptoms improve then continue at 10ml/day for at least three days
3. Increase to 2 x 10ml/day for 3 more days
4. Increase to 2 x 15ml/day

If at any stage the symptoms return, go back to the lower dose for a few more days. You may need to spread the detox over a much longer period.

What is ethanol and why is it used in your product?

The use of ethanol is essential for the extraction of the active healing compounds in the herbs, especially as many compounds are not soluble in water and require alcohol as a solvent. It is the only method that guarantees the long-term potency of the herbal ingredients. It also acts as a natural preservative. Ethanol has been used as a method of extracting the medicinal properties of herbs for thousands of years. Our ethanol is plant-based.